



Stevenage Striders Press Release – 10th June 2018

Chris Leigh in marathon action

Head coach Chris took on the 'Pick and Mix' ultra-marathon in Buckinghamshire and completed the marathon distance in 5 hours and 26 minutes, which led to a season's best time by 43 minutes.

Midweek League Division Two – Round Two

Results have not been finalised after this round of fixture from Thursday 7th June and will be online in due course.

Stevenage Striders 5km Handicap – Round Two

The second round of fixtures of the 5km Striders Handicap event took place on Tuesday 5th June. The winner of the Handicap event was Gemma Rackley who beat her target by a huge 10 minutes and 53 seconds. Fastest results on the night (in time order); 1st: Aston Reeves 20-38, 2nd: James Hunter 20-42, 3rd James Palmer 20-51, 4th Danik Bates 21-54 and 5th Tom Sclanders 22-03 whilst the fastest woman on the night was Victoria McIver in 22-19.

This week's dose of Parkruns.

The 5km (3.1 mile) free-event for all took place on Saturday morning and a few Striders were out in force.

Hastings Parkrun: Steve Wells 19-13 (6th out of 314 runners).

Penrith Parkrun: Tom Sclanders 21-30 (32nd out of 250 runners).

Houghton Hall Parkrun (Bedfordshire): Danik Bates 22-02 (8th out of 186 runners).

Panshanger Parkrun (Hertford): Ben Parry 22-10 (42nd out of 344 runners). Chrissie Parry 31-47 (241st) and Louise Glanvill 41-11 (318th).

At the local Parkrun course at Fairlands Lakes, Stevenage, where 330 runners took part, the first strider home was Davie Stafford in 20-55 finishing 18th (and was also first buggy home). Other results: Greg Bradbury 23-35 (60th), Clare Wing 24-05 (66th), Steve Moore 25-41 (101st), Tony Castro

27-29 (142nd), Mark Blease 29-03 (176th), Lynsey Mendonca 29-40 (191st), Anne Miller 29-40 (192nd), Kirsty Brooks 31-23 (227th), Sue Loughran 39-33 (305th) and Tracy Norris 40-41 (313th).

About Stevenage Striders

The club was formed back in 2013 and has lots of runners from the local area joined since then and is open to all abilities. To find out more information about the club, how to join or what sort of training we can offer, please contact via the club or head coach Chris Leigh on stevenagestriders@mail.com or visit the website www.stevenage-striders.org.uk

Results

If any members from the club have taken part in any running event or a parkrun, then please send your results to Stevenagestriders@mail.com or get in contact with Danik Bates. Please make sure they are in by 21:00 on the Sunday evening so we can get it into the following weeks press release.

Danik Bates

Stevenage Striders Press Officer.