

# Bronze in Bedford for Rebecca!

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The England Athletics U20 and U23 Championships at Bedford saw three SNHAC athletes in action.

A storming run by Rebecca Pickard in the final of the U23 400m hurdles saw a personal best performance of 62.80 gain the bronze medal. A delighted Rebecca is looking forward to the British Championships in Birmingham on the 30<sup>th</sup> July.



*Winner Lina Nielson – Enfield and Haringey, Second Danel Jansen Van Rensberg – Birchfield Harriers, third Rebecca Pickard*

Molly Astill ran 66.77 in her heat of the U20 400m hurdles and Lauren Aldridge threw 41m93 in the U20 hammer.

Competing in Norwich in the Anglian Schools Championships for Cambridgeshire Club athletes U20 Oscar Jopp, U17 Libby Taylor and U15 Aimee Taylor all medalled in their events. In a lengthy pole vault competition (over 2 hours) Oscar won his age group with a vault of 3m80 while Aimee was third in her vault competition with 1m70. Libby improved her personal best in both the hammer and the shot. A throw of 49m15 won the silver in the hammer while 10m72 the bronze in the shot.