



Stevenage Striders Press Release – 18th June 2018

Marathon Action.

Davie Stafford and Clare Wing were back in marathon action on Sunday, taking part in the Hampshire Hobbit which started and finished north of Basingstoke. Davie finished the 26.2 mile course in 04-34-37 finishing 124th place and Clare was a second behind in 04-34-38 finishing 125th.

Aquathlon

Emma Sclanders took part in an Aquathlon at Stanborough Lakes, Welwyn Garden City which consisted of a 750m swim and a 5km run. Emma finished 3rd position.

Run round the garden.

Peter Mon took part in the one-mile race in Letchworth Garden City and finished in 7-23, coming in 21st out of 49 runners.

This week's dose of Parkruns.

The 5km (3.1 mile) free-event for all took place on Saturday morning and a few Striders were out in force.



Danik Bates at Richmond Olympic Parkrun in Canada

Over in Canada, Danik Bates took on the Richmond Olympic course south of Vancouver in Beautiful British Columbia. Despite the very strong heat (+26 at 09:00!!), Danik managed to finish the flat course with a combination of tarmac and gravel in 22-28, finishing 11th out of 59 runners.

Back in the UK, Steve 'the machine' Wells finished 2nd out of 150 runners in nearby Letchworth, finishing 19-55. Other results: Hartlepool Parkrun: Alan Watt 23-26 (32nd out of 113 runners). Panshanger Parkrun (Hertford): Ken Marshall 27-48 (177th out of 365 runners).

At the local Parkrun course at Fairlands Lakes, Stevenage, where 285 runners took part, the first strider home was Ollie Garbas in 21-54 (29th). Ollie completed the course with a buggy and gained a buggy-parkrun PB in the progress. Other results: Tony Castro 29-43 (168th), Helen Harris 43-44 (279th), Sue Loughran 49-47 (285th).

About Stevenage Striders

The club was formed back in 2013 and has lots of runners from the local area joined since then and is open to all abilities. To find out more information about the club, how to join or what sort of training we can offer, please contact via the club or head coach Chris Leigh on stevenagestriders@mail.com or visit the website www.stevenage-striders.org.uk

Results

If any members from the club have taken part in any running event or a parkrun, then please send your results to Stevenagestriders@mail.com or get in contact with Danik Bates. Please make sure they are in by 21:00 on the Sunday evening so we can get it into the following weeks press release.

Danik Bates

Stevenage Striders Press Officer.