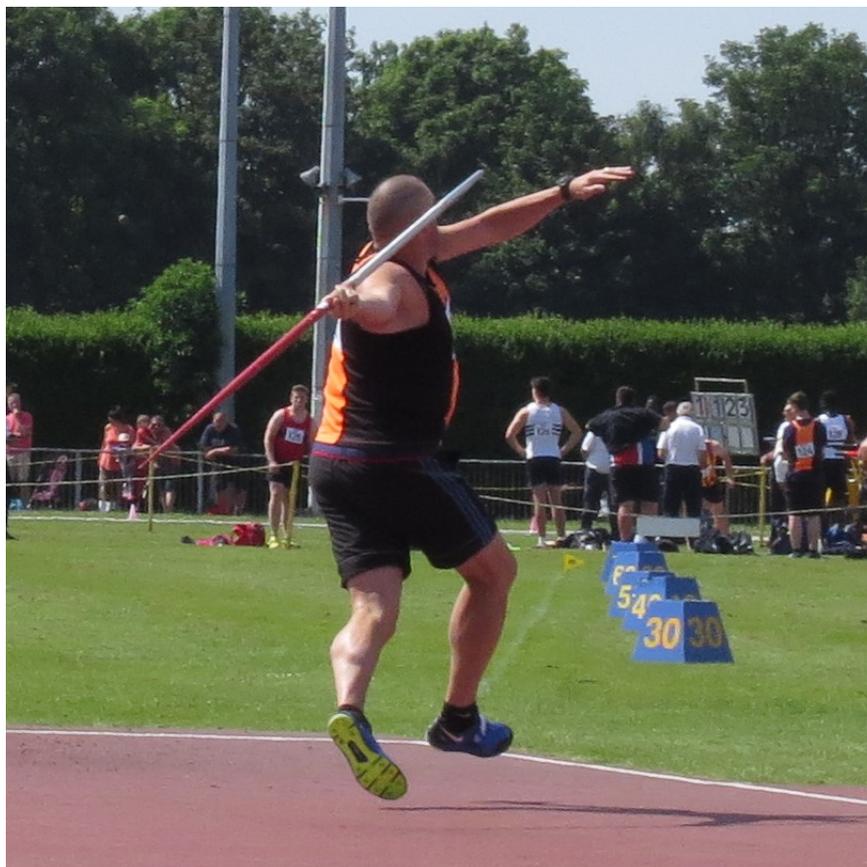


Neil 'climbs' rankings with 67m throw!

The South of England U20 and Senior Championships were back in Bedford for 2018 (having been held at Crystal Palace last year). Nine Stevenage and North Herts athletes were in action with varying degrees of success.



Neil McLellan in the javelin

Neil McLellan's 67m01 throw in the senior men's javelin moves him up to 8th on the national ranking and gained him the silver medal. Peter De'Ath recorded two sub 50 second runs in his heat and semi-final of the 400m (49.15 and 49.53).

Moe Sasegbon and Janet Browne were second and third in the senior women's high jump (1m73 and 1m70) and Amber Try cleared 3m40 in the women's pole vault.



Moe Sasegbon and Janet Browne with their medals

U20 Oscar Jopp recorded a 4m10 clearance in the pole vault for third place and a personal best in the 110m hurdles (15.41). Euan Metcalfe competed in the shot and discus and recorded personal best performances in both (11m92 and 37m66). Lauren Aldridge finished fourth in the hammer with a season's best of 45m30.

U15 Tyler Wannerton competed in his first 3000m Championship finishing in sixth in a time of 9.49.84

County Schools Champs see Twelve wins for SNHAC athletes

Forty-five Stevenage and North Herts athletes represented their schools in the County Schools Championships at Jarman Park, Hemel Hempstead on Saturday winning 12 gold medals and recording numerous personal best performances.

In the Pre-Junior competitions there was a wins and personal best performance from Leah Mansell-Baker in the 200m and long jump (27.98 and 4m60).

Jessica Astill won the Junior Girls 300m with a personal best 43.13 and in the Inter Girls competitions Petra Sijuwade won the 300m in 42.99 and Rhea Raju won the triple jump with 9m40.

Junior boy Will Lawler won both the 80m hurdles and high jump (12.05 and 1m66) and Joe Adams the hammer with 46m04. The Inter boys had four successes Freddie Reilly won the 400m in 51.36, Cameron Crowe the high jump – 1m80, David Koffi won the shot with a throw of 13m15 and Dominic Buckland the discus with 44m13.