



## **Stevenage Striders Press Release – 2<sup>nd</sup> September 2018**

### **Marathon fever hits the Davie - Clare household this week.**

Davie Stafford has completed 12 marathons in 12 months challenge, four months earlier than expected this week when he completed four marathons in four days in the past week. Running with him was Clare Wing and here are their results.

Once Upon A Run – Day 1 (Addlestone, Surrey). Davie 04-24-51 (with a buggy) and Clare in 04-33-29. Davie finished 11<sup>th</sup> out of 36 runners and Clare in 13<sup>th</sup>.

Once Upon A Run – Day 2 (Addlestone, Surrey). Davie 04-29-32 (with a buggy) and Clare in 04-47-59. Davie finished 7<sup>th</sup> out of 35 runners and Clare in 14<sup>th</sup>.

Once Upon A Run – Day 3 (Addlestone, Surrey). Davie in 04-18-22 and Clare in 05-28-46. Davie finished 13<sup>th</sup> out of 55 runners and Clare in 41<sup>st</sup>.

Once Upon A Run – Day 4 (Addlestone, Surrey). Davie in 04-36-38 and Clare in 05-29-16. Davie finished 6<sup>th</sup> out of 31<sup>st</sup> runners and Clare in 17<sup>th</sup>.

A massive well done to Davie and Clare for doing four marathons in four days and again to Davie for completing the 12 marathons in 12 months challenge ahead of schedule.

### **Posh 5km**

Marc Hagland represented the Striders at the Posh 5km which took place in the grounds of Offley Place near Hitchin. However still waiting for the official result, Marc was third male home and won a trophy.

### **Twilight 10km**

Philip Deaves took on the Twilight 10km (6.2 mile) event in Bedford on Saturday. Phil completed the course in 54-42.

### **This week's dose of Parkruns.**

The 5km (3.1 mile) free-event for all took place on Saturday morning and a few Striders were out in force.

Luton Wardown: Steve Wells 19-01 (4<sup>th</sup> out of 308 runners).

Ashford (Kent): Steve Moore 24-22 (57<sup>th</sup> out of 239 runners).

Ellensbrook Fields (Hatfield): Ken Marshall (26-53 (93<sup>rd</sup> out of 221 runners).

**Stevenage: 325** runners took part in the two-lap course at Fairlands Valley lakes.

Tom Sclanders 19-57 (12<sup>th</sup> – Parkrun PB)

Eilish Hislop 26-23 (83<sup>rd</sup> - Parkrun PB)

Tony Castro 28-55 (132<sup>nd</sup>)

Esperanza Castro 29-01 (134<sup>th</sup>)

Sandra Shirley 32-40 (200<sup>th</sup>)

Caroline Longfellow 35-21 (233<sup>rd</sup>)

Ally Brown 35-56 (238<sup>th</sup>)

Julie Kempson 38-18 (250<sup>th</sup>)

Tracy Norris 41-04 (261<sup>st</sup>)

Helen Harris 43-08 (265<sup>th</sup>)

Rachel Hall 01-26-51 (325<sup>th</sup> - tail walker)

### **About Stevenage Striders**

The club was formed back in 2013 and has lots of runners from the local area joined since then and is open to all abilities. To find out more information about the club, how to join or what sort of training we can offer, please contact via the club or head coach Chris Leigh on [stevenagestriders@mail.com](mailto:stevenagestriders@mail.com) or visit the website [www.stevenage-striders.org.uk](http://www.stevenage-striders.org.uk)

### **Results**

If any members from the club have taken part in any running event or a parkrun, then please send your results to [Stevenagestriders@mail.com](mailto:Stevenagestriders@mail.com) or get in contact with Danik Bates. Please make sure they are in by 21:00 on the Sunday evening so we can get it into the following weeks press release.

Danik Bates

Stevenage Striders Press Officer.