

Stevenage

Venue: Barnwell Secondary School
Day: Thursday's 7.30 -9pm

Starting: 27th September



FREE MENS ONLY

12 Week Weight Loss Course

ENTRY CRITERIA

Hertfordshire Resident

Male Aged 18-65

Body Mass Index of 30+

No minimum fitness level required

SIGN UP HERE
www.shapeupherts.com

FOR FURTHER INFO CONTACT:

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