

Stevenage Striders - Press Report 3rd February 2019

London Winter Run

Two Striders took on the 10km (6.2 mile) course which starts at Trafalgar Square and finishes on Whitehall in Central London on Sunday which takes on some of the capital's landmarks. Thousands of runners took part in this event. Hayley Stenning came in at 01-02-04 (10305th) and Linda Howell finished in 01-02-48 (finishing 10786th).

Parkruns

The 5km (3.1 mile) free-event for all takes place every Saturday morning at 9am. Here are the results of the Striders who were out in force.

Peter Monk down under: Yes, Peter Monk joined the 'Strider Down Under Parkrun Club' which includes Danik Bates and Sandra Howes (is there anyone else I missed?) as he completed the St Peter's Parkrun course in Sydney, Australia. 260 runners took part in the event and Peter finished in 25-21, finishing 95th.



Peter Monk in Sydney, Australia

Back home in the UK there were a lot of Parkrun's cancelled due to the icy conditions and snowy weather. Because of this there was no run at Fairland's Valley in Stevenage this week, however a few Striders made it to other courses nearby.

Over in Suffolk, Danik Bates completed the three-lap course around football pitches in Haverhill. After leading the event in the first lap, Danik found the going tough and eventually finished seventh (out of 43 runners) in 22-39 but also came first in his age category (VM35-39). Down the A1 at Ellenbrook Fields in Hatfield, three Striders were in the field of 261 runners taking part in this event. Darren March in 23-23 (27th), Louise March 37-35 (216th) and Tracy Norris in 48-25 (243rd).

Stevenage 10km

It has been announced that the Striders will host their first ever 10km race on 15th September 2019. Further details of the event will be online shortly but if anyone wishes to enter the race, then please do so here: <https://www.racesonline.uk/race-entry/stevenage10k/>

About Stevenage Striders

The club was formed back in 2013 and has lots of runners from the local area joined since then and is open to all abilities. To find out more information about the club, how to join or what sort of training we can offer, please contact via the club or head coach Chris Leigh on stevenagestriders@mail.com or visit the website <http://stevenagestridersrc.org.uk>

Danik Bates

Stevenage Striders Press Officer.