

Stevenage Striders - Press Report 27th January 2019

Excalibur One Marathon

Two striders were back on the marathon trail on Sunday, got bogged down (literally!) and managed to grind out fantastic results. Davie Stafford and Clare Wing completed the 26.2 miles (42km) course near Sawbridgeworth, Hertfordshire which was all off-road and very slippery. Davie finished the race sixth overall (out of 57 runners) in 04-08-12 and Clare (who was 4th female overall) finished in 04-48-21 (17th place). Well done guys.

Parkruns

The 5km (3.1 mile) free-event for all takes place every Saturday morning at 9am. Here are the results of the Striders who were out in force.

Coldham's Common (Cambridge): 309 runners took part. Ollie Garbas 20-22 (26th), Danik Bates 23-35 (88th), Ken Marshall 27-02 (161st).



Ken Marshall at Coldham's Common Parkrun in Cambridge

Letchworth: 187 runners took part. Steve Wells 20-38 (5th).

Ellenbrook Fields (Hatfield): 303 runners took part. Darren March 22-52 (49th).

Stevenage: 377 runners took part. Russell Andrews 26-24 (98th), Garry Wallace 29-53 (197th), Louise Chancellor 30-22 (206th), Sandra Richardson 31-33 (234th), Esperanza Castro 35-17 (293rd).

Stevenage 10km

It has been announced that the Striders will host their first ever 10km race on 15th September 2019. Further details of the event will be online shortly but if anyone wishes to enter the race, then please do so here: <https://www.racesonline.uk/race-entry/stevenage10k/>

About Stevenage Striders

The club was formed back in 2013 and has lots of runners from the local area joined since then and is open to all abilities. To find out more information about the club, how to join or what sort of training we can offer, please contact via the club or head coach Chris Leigh on stevenagestriders@mail.com or visit the website <http://stevenagestridersrc.org.uk>

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