

Cross Country Report

U17 Sam leads SNHAC athletes home at Campbell Park

The fifth and final round of the Results Base Chiltern Cross Country League was held at Campbell Park in Milton Keynes on Saturday 11th February. Cold and miserable conditions greeted the 21 SNHAC athletes competing.

U11 Mimi Dawson completed her 1.5km course in a time of 6.28 minutes finishing in 15th. This race was followed by the U11 boy's, with Isaac Whitten having a strong race, completing the course in a time of 5.57 finishing in 12th place, closely followed by Dylan Thurman in 6.25, George Lovelock in 6.46 and Liam Birt in his debut race in a time of 7.34 with Hywel Evans in 8.20. In the U13 girls race Laura Thompson was the one Stevenage representative completing the 2.8km in 12.30.

In the U15 girls race Katie Thompson was again the only competitor from SNHAC running her 3.1km course in 14.12. Charlie Grayson completed the U15 Boys race of 4.3km in a time of 17.35 for 9th place in Division 2. In the U17 and U20 women's race covering the same 4.3 km course first home was U20 Sarah Feely in a time of 17.31 with Erin Oliver and Lisa Barber completing the team. In the U17 men's race first home Sam Wiggins who completed the 5.6km course in a time of 20.21 to finish 2nd in Division 2 with Joey Harrison 21.37 and Liam Gregory 23.42.

In the Senior men's race first home was senior man Dan Poulton completing the 8.4km course in a time of 29.56 for 6th place in Division 2 followed by first Vet Mark Grayson who covering the course in a time of 37.50 with Stephen Mayfield, Trevor Mason, Paul Pickard and Tony Carolan completing the team efforts.

Cross Country Individual and Team Gold for Lucy

Following the final race the League awarded both individual trophies and team medals to recognise the efforts of competitors over the season.

The highest placed athlete in SNHAC Division 2 team was U15 Lucy Taylor who won her age group. Sadly Lucy had to miss the final race due to illness but had done enough in previous races to secure her win.

In the U17 men's team Joey Harrison not only picked up the 2nd place individual medal but also was a pivotal member of the U17 team who won the Division 2 gold medal.

U20 woman Sarah Feely was also recognised for her efforts picking up the 3rd place individual trophy.

The final medal for SNHAC athletes went to senior man Dan Poulton who through his efforts in the final race managed to claim a 3rd place individual trophy.