

# Six of the Best!

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Stevenage and North Herts athletes in action over the weekend collected the reward for hard winter training - recording eighteen personal best performances between them along with six gold, one silver and three bronze medals at the **Eastern Athletics Indoor Championships at the Lee Valley Athletic Centre**.



Repeating their success from the Southern Athletic Association Championships Dylan Baines and David Koffi won the U17 Boys Pole Vault and Shot respectively with 4m20 and a new PB for David of 14m26 in the Shot.

Joining them winning in the U17 age group Molly Gardner collected gold in the PV (2m60). Aisla Rhodes was third in the U17 High Jump with a PB of 1m60.

In the U15 age group there were wins for Mitch Jury in the PV (2m40), Harry Scrowther in the Shot (9m82) both personal bests performances and Shanumi Akinfenwa in the High Jump with a clearance of 1m50. Kit Kerr and Abigail Pickard collected bronze medals in the U20 Pole vault and Triple Jump (3m20 and 9m83 respectively).

Senior Moe Sasegbon collected the silver medal with a 1m70 clearance in the High Jump.

Competing in the Pole Vault at the **Welsh Grand Prix series** Nathan Gardner cleared 4m60.

Representing Brunel University at an **Inter Varsity match** Max Schopp gained a new personal best and third place in the 400m – 49.72.