

# STEVENAGE SPRING RIDES WITH CYCLING UK

At least one every day for more than a week. Eleven great rides for you to enjoy between 11<sup>th</sup> and 20<sup>th</sup> May.

Fri	11 May	Friday Fling to Cottered (Bull)	Old Town (SG1 3EJ).	7.15p.m.	Penny
Sat	12 May	Saturday Starter to Letchworth	Costello's (SG2 0BL)	2p.m.	Jackie
Sun	13 May	Long ride to Marston Moretaine	Old Town (SG1 3EJ)	9a.m.	Pete
Sun	13 May	Morning Meander	Old Town	10a.m.	Jackie
Mon	14 May	Cycleway Special	Old Town	7.15p.m.	Tina
Tue	15 May	Evening ride to Walkern	Old Town	7.15p.m.	Gary
Wed	16 May	Evening ride to Codicote (Bell)	Old Town	7.15p.m.	Jackie
Thu	17 May	Evening ride to St Paul's Walden	Old Town	7.15p.m.	Paul
Fri	18 May	Friday Fling to Lilley (Lilley Arms)	Old Town	7.15p.m.	Jim
Sat	19 May	Saturday Starter to Whitwell (Emily's Tea Room)	Costello's (SG2 0BL)	2p.m.	Gary
Sun	20 May	Long ride to Redbourn and Wendover	Old Town	9.30a.m.	Pete

Saturday Starters leave Costello's Café by the Sailing Centre, Fairlands Valley Park, Stevenage, SG2 0BL at 2p.m. and include a refreshment stop. Expect to be back about 4.30p.m. Ideal for newcomers to group riding.

Wednesday evening rides leave the green by Springfield House Community Centre, Old Stevenage SG1 3EJ at 7.15p.m. On most evening rides expect to cycle 15 to 20 miles with a break in a country pub. Back about 10p.m. Please bring lights.

Friday Flings are evening rides with a little more zip. Leave Old Stevenage at 7.15p.m. Short break in a country pub. Back about 10p.m. Please bring lights.

Sunday Morning Meanders leave the old town at 10a.m. Expect to cycle for about two hours without a planned stop.

All rides are led and swept. No-one gets left behind. Cycling UK ride with each other not against each other.

All the rides are free. Under 16s welcome but they should bring a responsible adult please.

Coming soon: The Stevenage Cycling Festival and Bike Week (9 to 17 June). For more information visit our website; ring Jim 0793 968 7509 or Penny 07787 816434 or email jim@stevenagectc.org.uk

[www.stevenagectc.org.uk](http://www.stevenagectc.org.uk)

